



Learn to Sew Your Own Leggings

with Denise Link and friends

Saturday, October 15, as part of the **2022 Chapter Retreat**

Learning points

- Choosing patterns, size and fabrics for activewear
- Techniques for sewing knits with spandex
- Sewing flatlock seams, coverstitching
- Hemming activewear knits

Inspiration

- Trunk show
- Resources list for activewear patterns and fabrics
- Swatches from several online activewear fabric stores

Kit includes

- Nylon/lycra blend fabric, black, bottom-weight (1 3/8 yards)
- Peg Legs by Patterns for Pirates pattern (adult sizes XXS-5XL)
- Tracing paper
- FusiWeb
- Sew News Summer 2022 issue on sewing activewear
- Use of a serger if you don't want to bring your own (we will have four sergers (with thread) available, courtesy of University Vacuum & Sewing)

Cost: \$25

Class is open to members of Central Iowa ASG who attend the 2022 Chapter Retreat. If the class is not full by registration deadline (Sept 17), we will open the class to non-members for an additional fee.

Note: in exchange for use of the pattern and issues of the magazine, I promised Patterns for Pirates and Sew News a list of email addresses of class participants and photos of the class using the materials. If you prefer not to be included in the photographs, remind me of that on the day of class and I will make sure you do not appear in the photos I send. The email addresses will subscribe you to Sew News marketing messages, but you can easily unsubscribe at any time. I will *not* take your email address from my list: you may provide any address you like for me to send Sew News.